

# sacred lifestyle

VOL. 5

2016



FOOD | GURUS | JOURNEY | TRAVEL | GYPSETTER NEWS

# Gypsetter News

Gypsetter News is for all the trendsetters, innovators, and travelers who are looking for inspirational and innovative places to travel, new stores to visit, and new products to discover. Life is all about trying new things, pushing the limits of our creative selves – a constant journey of self-discovery.

# Flora Farms



Flora Farms is an organic farm in San Jose del Cabo, Mexico. Entirely self-sufficient, Flora Farms supplies their Farm Bar and Restaurant with fresh produce grown without the use of pesticides or genetically modified seeds. They also humanely raise livestock including pork, chicken, and beef on their 10-acre farm land. Flora Farms even sells their produce in their grocery store where guests can choose to buy the morning's produce or any number of ready-made meals. The gorgeous outdoor space is perfect for events and celebrations. Flora Farms produces all their own food and supports the local farming industry.

For more information:  
[www.flora-farms.com](http://www.flora-farms.com)

# Gloria Greene

Co-founder of Flora Farms

## **When were you first introduced to farming?**

I come from a very long line of farmers. My father was a viticulturist, one of the first in California. I grew up on a large ranch between Sonoma and Napa California, watching him turn a mountain orchard into a vineyard.

## **How would you describe your business/ lifestyle as a farmer?**

I love that our farm is a gathering place for the community. Business seems to follow.

## **What innovations and new ideas have you brought to the practice of farming?**

I am not sure I have! What we have done is follow what I grew up with. Planting heirlooms, and growing, making, and raising it all from scratch. It seems to work.

## **What motivated you to become the type of farmer you are today?**

It seems to be the only thing that truly makes me happy.

## **How has farming been influenced by today's world?**

I think the movement of small farmers is due to the backlash of large corporate farms and that's a good thing. Younger people are trying their hand and sticking to it. It's not for the faint of heart.

## **What direction would you like to see the future of farming headed in?**

More family farms of course!

## **How do you give back to the land + to your community?**

In farming, you must give the land a time to rest. We do this in the summer with legumes and nitrogen fixing plants. As far as giving back to our community, we work hard to do that on a regular basis.

## **What part of farming really feeds your soul?**

The peacefulness of early mornings and early evening. The animals, the light, the plants, just walking the dogs around the farm as the sun sets makes me happy.

## **What is Sacred to you?**

My family of humans and animals.

*Gypsyetter News*



Gloria & Patrick Greene, Founders of Flora Farms

Photo courtesy of Flora Farms